



M.C.E. Society's

**M. A. Rangoonwala Institute of Hotel Management & Research**

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## NATIONAL SERVICE SCHEME COLLEGE UNIT HANDBOOK



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## **Introduction of National Service Scheme**

(as per NSS Manual Revised 2006 from Government of India, Ministry of Youth Affairs & Sports, New Delhi)

The National Service Scheme (NSS) is an Indian government sponsored public service program conducted by the Department of Youth Affairs and Sports, Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at +2 level working for a campus-community linkage.

The cardinal principle of the NSS programme is that it is organized by the students themselves, and both students and teachers through their combined participation in community service, get a sense of involvement in the tasks of nation building. The post-independence era was marked by an urge for introducing social service for students, both as a measure of educational reform and as a means to improve the quality of educated man power.

The University Grants Commission headed by Dr. Radhakrishnan recommended introduction of national service in the academic institutions on a voluntary basis with a view to developing healthy contacts between the students and teachers on the one hand and establishing a constructive linkage between the campus and the community on the other hand. In India, the idea of involving students in the task of national service dates back to the times of Mahatma Gandhi, the father of the nation. The central theme which he tried to impress upon his student audience time and again, was that they should always keep before them, their social responsibility.

The first duty of the students should be, not to treat their period of study as one of the opportunities for indulgence in intellectual luxury, but for preparing themselves for final dedication in the service of those who provided the sinews of the nation with the national goods & services so essential to society. Advising them to form a living contact with the community in whose midst their institution is located, he suggested that instead of undertaking academic research about economic and social disability, the students should do "something positive so that the life of the villagers might be raised to a higher material and moral level".

## **Objectives of NSS**

The objective of the National Service Scheme is 'Development of the Personality of Students through Community Service'. This objective is sought to be achieved by enabling the students to work in community. The programme aims to inculcate social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. It also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster victims. Following are the specific objectives of NSS:

1. To enable the students to understand the community in which they work;
2. To understand themselves in relation to their community;
3. To identify the needs and problems of the community and involve them in problem solving process;
4. To develop among themselves a sense of social and civic responsibility;
5. To utilize their knowledge in finding practical solutions to individual and community problems;
6. To develop competence required for group-living and sharing of responsibilities;
7. To Gain skills in mobilizing community participation;
8. To acquire leadership qualities and democratic attitude;
9. To develop capacity to meet emergencies and national disasters;
10. To practice national integration and social harmony.



## **Motto of NSS**

The Motto of NSS 'Not Me, But You', reflects the essence of democratic living and upholds the need for self-less service. NSS helps the students develop appreciation to other person's point of view and also show consideration to other living beings. The philosophy of the NSS is well doctined in this motto, which underlines the belief that the welfare of an individual is ultimately dependent on the welfare of the society on the whole and therefore, the NSS volunteers shall strive for the well-being of the society.

## **Logo of NSS**

The symbol for the NSS has been based on the giant 'Rath Wheel' of the world famous Konark Sun Temple (The Black Pagoda) situated in Orissa, India. The wheel portrays the cycle of creation, preservation & release, and signifies the movement in life across time and space. The symbol thus stands for continuity as well as change and implies the continuous striving of NSS for social change.

## **Badge of NSS**

The NSS symbol is embossed on the NSS badge. The NSS volunteers wear it while undertaking any programme of community service. The Konark wheel in the symbol has eight bars which represent the 24 hours of the day. The Red colour in the badge indicates that the NSS volunteers are full of blood. i.e. lively, active energetic and full of high spirit. The Navy Blue colour indicates the cosmos of which the NSS is a tiny part, ready to contribute its share for the welfare of mankind.

## **Eligibility to become NSS Volunteer**

Any student, who has enrolled himself / herself as a regular student in any undergraduate course at M. A. Rangoonwala Institute of Hotel Management & Research.

### **When Student can become NSS Volunteer**

As soon as student secures admission for his / her studies at M. A. Rangoonwala Institute of Hotel Management & Research, he is eligible to enroll himself / herself in NSS as a volunteer. Enrollment is done between June and July of every academic year.

### **Whom to Contact to become NSS Volunteer**

A teacher who is incharge of NSS activities in the college should be contacted. The NSS in-charge is designated as NSS programme officer. If you don't get the information then you can contact the Principal of the institution.

### **Duration of NSS Volunteer**

Students selected as NSS volunteers are expected to work in the scheme for a period of two years continuously and render community service for at least 120 hours in a year. NSS volunteer should attend one special winter camp during the 2 years duration of his/her volunteer work for NSS.

### **Activities Undertaken by NSS Unit**

M.C.E. Society's M. A. Rangoonwala Institute of Hotel Management & Research has joined the National Service Scheme (NSS) of Savitribai Phule Pune University in the year 2017. Sanctioned strength for NSS every year is 50 students. NSS program officer Asst. Prof. Puneet Basson attended and successfully completed 7 days 131st NSS Program Officer Orientation course at Empanelled Training Institute (ETI), Ahmednagar from 23rd November to 30th November 2017.

In the first year of 2017-18, college enrolled 50 students and completed 21 activities under the banner of NSS. Every year, college organizes activities in which students learn to respect & appreciate human values, culture, health awareness, social responsibility and environmental concerns.

Following is the list of activities organized by NSS unit:

1. NSS Orientation Session	19. Self-defense Workshop for Women
2. Dr.Babasaheb Ambedkar Jayanti Rally	20. Meditation Session
3. World No Tobacco Day	21. Kargil Vijay Diwas Celebration
4. International Yoga Day	22. Independence Day Celebration
5. World Environment Day	23. Van Mahotsav
6. Pandharpur Vari Social Work	24. Gandhi Jayanti Celebration
7. National Youth Day	25. Food Safety Awareness Drive
8. Swacch Bharat Abhiyan Activities	26. Vigilance Awareness week Celebration
9. Swasth Bharat Abhiyan Activities	27. Rashtriya Ekta Diwas
10. World Organ Donation Day	28. Constitution Day Celebration
11. Fit India Movement	29. Mahatma Jyotiba Phule Jayanti Rally
12. Guru Nanak Jayanti Langar Service	30. Disaster Management Workshop
13. Eid Milad Un Nabi Rally	31. Visit to Orphanage
14. World AIDS Day	32. Sadbhavna Diwas Celebration
15. Books Distribution to School Students	33. National Memorial Visit
16. Blood Donation Camp	34. Vachan Prerna Diwas Celebration
17. National Road Safety Week	35. Armed Forces Flag Day
18. Chatrapati Shivaji Maharaj Jayanti Rally	36. International Women's Day

## ACTIVITY REPORT

### Self-Defence Workshop for Women

Date: 24<sup>th</sup> Feb 2020

M.C.E. Society's M.A. Rangoonwala Institute of Hotel Management and Research participated in the Self-Defence Workshop organized by Board of Student Development under Nirbhaya Kanya Abhiyaan on 24th February 2020.



Demonstration by the Resource Person



Participating Students and Faculty Members



Practice Session with Students



Practice Session with Students

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Chhatrapati Shivaji Jayant Rally

Date: 19<sup>th</sup> Feb 2020

National Service Scheme (NSS) unit of M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research participated in the rally from Azam Campus to Lal Mahal on the occasion of 'Chhatrapati Shivaji Jayanti' on 19th February 2020 to spread the teachings of Chhatrapati Shivaji Maharaj to the society.



Students and Staff leaving the Campus



Rally at Ramoshi Gate



Rally near Lalmahal



Group Photo at Lalmahal

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Road Safety Walkathon

Date: 17<sup>th</sup> Jan 2020

M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research participated in 31st National Road Safety Week by organizing 'Road Safety Walkathon 2020' on Friday, 17th January 2020 from Azam Campus, Camp to Hotel Aurora Towers, M.G. Road. The college also distributed pamphlets to commuters on road safety rules as laid down by Motor Vehicles (Amendment) Act 2019.



Starting the Walkathon from college gate



Walkathon on the way to Hotel Aurora Towers



Walkathon on the way back to campus



Walkathon contingent with Traffic police members

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Books Distribution to Students

Date: 20<sup>th</sup> Dec 2019

M. C. E. Society's M. A. Rangoonwala Institute of Hotel Management & Research organized Books distribution activity on 20th December 2019 in Zilla Parishad shala at Chikhalse & Ahirwade village, Kamshet on old Mumbai-Pune highway. The activity was conducted to inculcate reading habit among students and books on "Self-improvement and Personality Development" were distributed to all students.



Books distributed at Chikhalse village



Students reading the books



Books distributed at Ahirwade village



Students reading the books

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### Blood Donation Camp

Date: 14<sup>th</sup> Dec 2019

M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research organized 'Blood Donation Camp' on Saturday, 17th December 2019 in our college premises. Students went for the blood donation awareness drive to all colleges in Azam campus and Poona college in the preceding week from the day of the camp. We collected 55 bottles of blood to save life in emergency medical cases.



Students donating the blood



Students donating the blood



Students with their appreciation certificate



NSS Program Officer donating the blood

*P. Basson*

Asst. Prof. Puneet Basson  
Event Coordinator



*Anita Frantz*

Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### World AIDS Day Awareness Speech

Date: 04<sup>th</sup> Dec 2019

On the occasion of World AIDS Day, the National Service Scheme wing of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research organized an activity. The students came forward and delivered speeches for the same to create awareness among the students and staff of the college.



Speech by Student Uzma Mulla



Speech by Student Khurshed Ahmed



Speech by Student Ayan Sayyed

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### Eid-e-Milad Rally

Date: 12<sup>th</sup> Nov 2019

M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research participated in the rally on occasion of Eid-e-Milad on 12th November 2019.



Starting of rally at gate no. 1



Staff participation in the rally



Students participation in the rally



Rally entering the Mahatma Phule wada

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### 550<sup>th</sup> Gurunanak Jayanti Celebration: Langar Sewa

Date: 12<sup>th</sup> Nov 2019

M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research conducted NSS Social Service Activity on the occasion of 550th Guru Nanak Jayanti on 12th November 2019. The students participated in the Langar to serve the people at the Gurudwara, Ganesh Peth, Pune.



Serving the food in Langar



Group photo with Gurudwara Committee Members



Students with NSS Banner

*P. Basson*

Asst. Prof. Puneet Basson  
Event Coordinator



*Anita Frantz*

Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Save the Environment Tree Plantation

Date: 21<sup>st</sup> Sept 2019

M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research organized an activity 'Save the environment: Tree plantation and maintenance' under National Service Scheme. Students went to Anandvan and did maintenance work for preserving the plants, creating artificial pond for water storage and ploughed to create water stream for water collection in pond.



Creating artificial pond for water storage



Ploughing the path for water stream



After finishing the work



Finishing the laying of plastic at the bottom of the pond

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### **Fit India Movement Awareness Drive Impact of fast Food On Health**

**Date: 09<sup>th</sup> Sept 2019**

M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research organized an NSS activity under Fit India Movement Awareness drive 'Impact of Fast Food on Health' in the kashiwadi slum area. Students created awareness about bad health effect of eating fast food on regular basis.



Informing people of Fit India Movement at kashiwadi market



Informing people of Bad Effects of fast Food



Creating awareness near temple in Kashiwadi area



Creating awareness to children

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### Swacch & Swastha Bharat Abhiyan Pakhwada

Date: 07<sup>th</sup> Aug 2019

Students of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research did the cleaning of College premises on Wednesday, 07th Aug'2019. The activity was organized as a part of the 'Swaccha & Swastha Bharat Abhiyan Pakhwada' under National Service Scheme of Savitribai Phule Pune University.



Floor before the cleaning



Students cleaning the Floor



Students cleaning the dining hall



Students cleaning the toilet

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### World Organ Donation Day Seminar

Date: 09<sup>th</sup> Aug 2019

M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research organized 'Organ Donation Lecture' in association with National Service Scheme, Savitribai Phule Pune University on Friday, 09<sup>th</sup> Aug 2019. Session started with a short film. Mr. Vitthal Shinde – Central Coordinator from Zonal Transplant Coordination Committee (ZTCC) Pune spoke on the importance, process & legal aspects of organ donation. He also answered queries of the audience.



Felicitation of Mr. Vitthal Shinde by Principal Prof. Dr. Anita Frantz



Session in progress



Group photo of the participants



Session in progress

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### Swacch & Swastha Bharat Abhiyan Pakhwada

Date: 08<sup>th</sup> Aug 2019

Students of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research visited Kashiwadi slums to create awareness about cleanliness & health on Thursday, 08th Aug'2019. The activity was organized as a part of the 'Swaccha & Swastha Bharat Abhiyan Pakhwada' under National Service Scheme of Savitribai Phule Pune University.



Informing people of Swacch bharat abhiyan at kashiwadi entrance



Informing people of Swacch bharat abhiyan



Creating awareness at homes in kashiwadi area



Creating awareness to shopkeepers

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Swacch Bharat Pledge

Date: 01<sup>st</sup> Aug 2019

M.C.E Society's M.A. Rangoonwala Institute of Hotel Management and Research participated in 'Swacch Bharat Pledge' directed by Ministry of Youth Affairs and Sports, Directorate of NSS, New Delhi under National Service Scheme, Savitribai Phule Pune University on Thursday, 1st August 2019.



Faculty members taking the Pledge



Students taking the Pledge



Non-Teaching members taking the Pledge



Session on Swacch Bharat activities

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### No Tobacco Pledge

Date: 11<sup>th</sup> July 2019

Students, Teaching & Non-Teaching Staff of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research participated in 'No Tobacco Pledge' directed by Government of Maharashtra under National Service Scheme, Savitribai Phule Pune University on Thursday, 11th July 2019. Few glimpse of the event.



Address by the Principal Prof. Dr. Anita Frantz



Watching the video on Impact of Tobacco on Society



Back view while taking the Pledge



Front view while taking the Pledge

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### **125<sup>th</sup> Anniversary of Swamy Vivekananda's Lecture at Chicago in the World Parliament of Religions**

**Date: 27<sup>th</sup> July 2019**

M.C.E Society's M. A Rangoonwala Institute of Hotel Management And Research celebrated 125th anniversary of Swami Vivekanad's lecture at Chicaga in the World Parliament of Religions. Swami Krupaghananda associated with Ramkrishna Math, Pune addressed the students on the teachings of Swami Vivekananada.



Session in Progress



Group photo of the participants

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### **Patravali Vatap for Warkaris**

**Date: 27<sup>th</sup> June 2019**

As per directives of Savitribai Phule Pune University for National Service Scheme, we have planned for 6500 no. 'Patravali Vatap' activity for Dindi's of Pandharpur Wari staying in Bhawani Peth, Pune from 09 am to 04 pm on Thursday, 27th June 2019. On 28th June 2019, volunteers started collecting and cleaning the area visited a day earlier from 07 am to 02 pm. Area cleaned are Kasturi chowk, Timber market, Ramoshi gate, Bhawani mata mandir, S D Camp chowk, Mahatma phule road, and Palkhi chowk area. Few glimpse of the activity...



Distributing Patravalis to Warkari Group at Bhavani Peth



Distributing Patravalis to Warkari Group at Timber Market



Distributing Patravalis to Warkari Group at Ramoshi Gate



Distributing Patravalis to Warkari Group at Palkhi Chowk

*P. Basson*

Asst. Prof. Puneet Basson  
Event Coordinator



*Anita Frantz*

Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### International Yoga Day

Date: 21<sup>st</sup> June 2019

National Service Scheme of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research celebrated 'International Yoga Day 2019' under the directives of University Grants Commission and Savitribai Phule Pune University on Friday, 21st June'2019.



Students performing Yoga on Function ground



Students performing Yoga on Function ground



Students understanding the importance of Yoga



Students and Faculty members

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### **Dr. Babasaheb Bhimrao Ambedkar Jayanti Rally**

**Date: 14<sup>th</sup> April 2019**

National Service Scheme (NSS) wing of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research participated in the 'Dr. Babasaheb Bhim Rao Ambedkar Jayanti Rally' organized by Hazi Ghulam Mohammed Azam Education Trust, Azam Campus on Sunday, 14th April 2019.



Rally passing through Kashiwadi



Rally passing through Ramoshi gate



Group photo of the participants



Gathering for the rally in campus

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Orphanage Visit

Date: 05<sup>th</sup> Feb 2019

NSS wing of M.C.E Society's M.A. Rangoonwala Institute of Hotel Management & Research, organized 'Sandwich Making' demonstration and lecture on 'Personal Hygiene' for children of Tayabia Orphanage on 05th Feb 2019. As a token of love, college students made and distributed refreshments to all the children of the orphanage. This activity was conducted under 'Swasth Bharat Yatra & Eat Right Movement' of FSSAI, New Delhi.



Presentation and lecture on personal hygiene



Refreshment distribution



Group photo with the children



Group photo of children with refreshment

*P. Basson*

Asst. Prof. Puneet Basson  
Event Coordinator



*Anita Frantz*

Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### Disaster Management Workshop

Date: 21<sup>st</sup> Jan 2019

MCE Society's M.A.Rangoonwala Institute of Hotel Management and Research organized "Disaster Management Workshop" in association with National Service Scheme and Board of Students Development, Savitribai Phule Pune University on 21st January 2019. Sub Inspector L B Thapa accompanied by his team from 'National Disaster Response Force' (Ministry of Home Affairs, Government of India) demonstrated basic first-aid procedure and life saving techniques to the students.



Presentation by the NDRF team



Demonstration of handling patient with fracture



Demonstration in times of flood



Group photo of the participants



Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### **Mahatma Jyotiba Phule Jayanti Rally**

**Date: 28<sup>th</sup> Nov 2018**

National Service Scheme wing of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research participated in the 'Mahatma Jyotiba Phule Rally' rally organized by Hazi Ghulam Mohammed Azam Education Trust, Azam Campus on Wednesday, 28th Nov'2018.



Rally starting from the main gate



Rally passing through bhawani peth area

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### Constitution Day Celebration

Date: 26<sup>th</sup> Nov 2018

On the occasion of Constitution Day, National Service Scheme (NSS) wing of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research organized Preamble reading for all students, teaching and non-teaching staff on Monday, 26th Nov'2018.



Staff and students listening to the preamble

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Rashtriya Ekta Diwas

Date: 31<sup>st</sup> Oct 2018

To celebrate the birth anniversary of Sardar Vallabhbhai Patel, National Service Scheme of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research organized pledge taking ceremony for our students, faculties and non-teaching staff on Wednesday, 31<sup>st</sup> Oct'2018. A small documentary on the life, work and achievements of Sardar Vallabhbhai Patel was shown after the pledge.



Staff taking the pledge



Students taking the pledge



Staff watching the video



Students watching the video



Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### **Vigilance Awareness Week**

**Date: 29<sup>th</sup> Oct 2018**

Staff and students of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research in association with National Service Scheme and Board of Student Development, Savitribai Phule Pune University took the Integrity pledge to Eradicate Corruption-build a New India 'under Vigilance Awareness Week' for Citizens and Organization, on Monday 29th October '2018.



Staff and Students taking the integrity pledge



Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Food Safety Awareness Drive

Date: 17<sup>th</sup> Sept 2018

Students of M.C.E.Society's M.A.Rangoonwala Institute of Hotel Management and Research carried out 'Food Safety Awareness' drive in Pune city. Food handlers were educated on personal hygiene, safe food temperature range and storage of food. The activity is a part of the college's mission of 'Safe Food Pune'.



Students with restaurant staff at F.C. road



Students creating awareness about food safety



Students with staff of café mocha in Koregaon Park



Students with staff of café la unico

Asst. Prof. Puneet Basson  
Event Coordinator



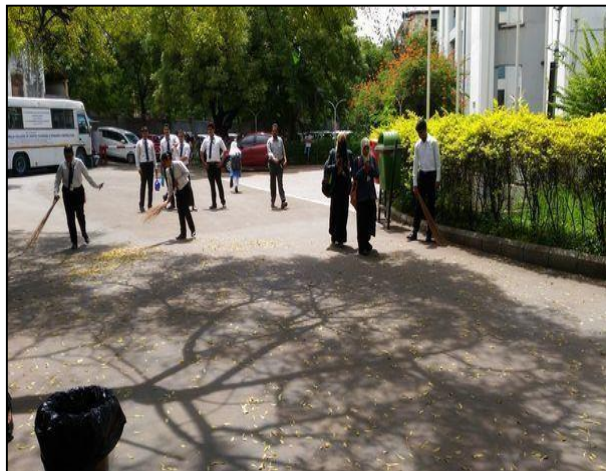
Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

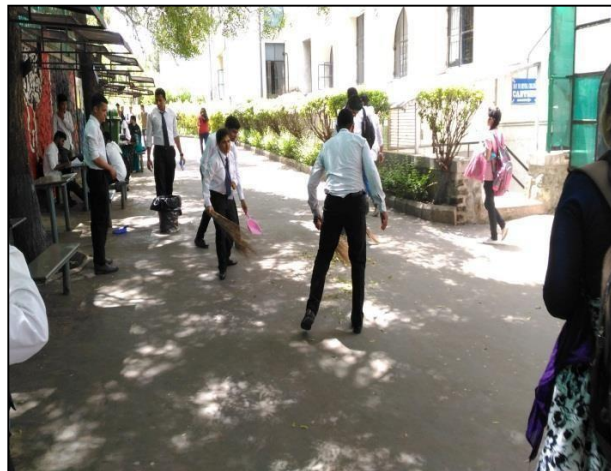
### Swacch Bharat Abhiyan

Date: 15<sup>th</sup> Sept 2018

To celebrate the 150th birth anniversary of Mahatma Gandhi this year, National Service Scheme Students of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research under the 'Swaccha Bharat Abhiyan' did the cleaning of campus public areas like outside sitting area and public walkways on Saturday, 15th Sept'2018.



Students cleaning in front of dental college



Students cleaning in front of guest house



Students cleaning area outside senior college



Group photo of students after the cleaning

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Van Mahotsav

Date: 01<sup>st</sup> Sept 2018

M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research organized visit to 'Anandvan', a man made forest area in Kondhwa, Pune under National Service Scheme of Savitribai Phule Pune University on Saturday, 01st Sept'2018. Mr. Pravin Kumar, coordinator for the forest volunteer work gave a talk on the importance of conserving nature for benefitting the future generations. Students did the cleaning of the forest area and put bamboo sticks to support the plants planted in the earlier visit.



Making support structure for the plants



Placing support structure for the plants



Removing unwanted plants



Group photo of the students

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Independence Day Celebration

Date: 15<sup>th</sup> Aug 2018

NSS Students of M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research did the catering on the occasion of Independence Day celebration and distributed refreshments to all campus staff at badminton court of Azam campus on Wednesday, 15th Aug 2018.



Students doing the catering service to staff of Azam campus



Staff taking the refreshments



Staff taking the tea



Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### **Kargil Vijay Divas**

**Date: 26<sup>th</sup> July 2018**

M.C.E. Society's M. A. Rangoonwala Institute of Hotel Management & Research, celebrated the 19th "Kargil Vijay Divas" and honored the success of Operation Vijay on 26th July 2018 in association with National Service Scheme & Savitibai Phule Pune University. Kargil War Hero Col Vijay Singh Jadhav (Retd) & Lt.Col Kiran Vaze (Retd) graced the occasion & shared their valuable & rich experience with the Students.



Felicitation of the war hero by the principal



Speech of the war hero Lt. Col. Kiran Vaze



Speech of war hero Col. Vijay Singh Jadhav



Group photo of the participants

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### **NSS Orientation Session**

**Date: 14<sup>th</sup> July 2018**

M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research organized guest lectures on 'National Service Scheme Orientation' under National Service Scheme, Savitribai Phule Pune University on Saturday, 14th July'2018. Guest speakers for the session were Dr. N.N. Shejwal, NSS Program Officer, AISSMS College of Engineering and Mr. Sanjay Naidu, Founder & Chairman, Shekhar Naidu Memorial Foundation. Dr. Shejwal introduced the National service scheme to students with his presentation on history and activities of NSS. Mr. Sanjay Naidu gave the motivational speech to students for volunteering in NSS activities of the college.



First session in progress



Engaged students in the first session



Second session in progress



Engaged students in the second session

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### **Meditation Session**

**Date: 30<sup>th</sup> June 2018**

M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research participated in the meditative session organized by 'Hindustan Times Group' in collaboration with 'Heartfulness' organization and partnered by Westin Hotel on Saturday, 30th June'2018.



Students and staff doing the meditation



Students doing the meditation



Students doing the meditation

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### Armed Forces Flag Day

Date: 07<sup>th</sup> Dec 2017

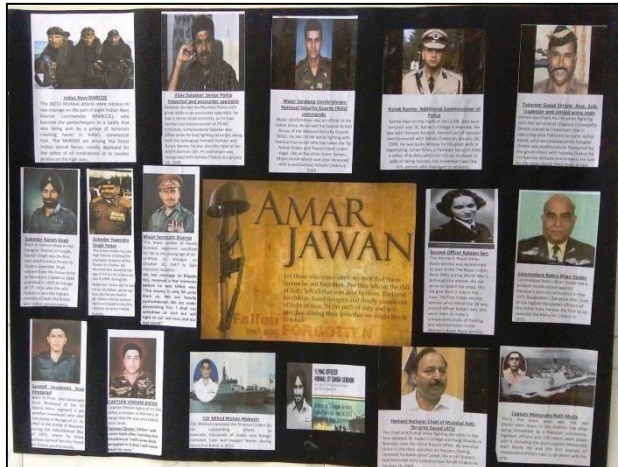
'Armed Forces Flag Day' was celebrated at M.C.E. Society's M.A. Rangoonwala Institute of Hotel Management & Research on December 7, 2017. Event began with the motivational song "Lakshya to har haal me pana hai" followed by a short clip on Indian Army and their bravery, speeches by students and National Anthem sung by Principal, Teaching staff and students.



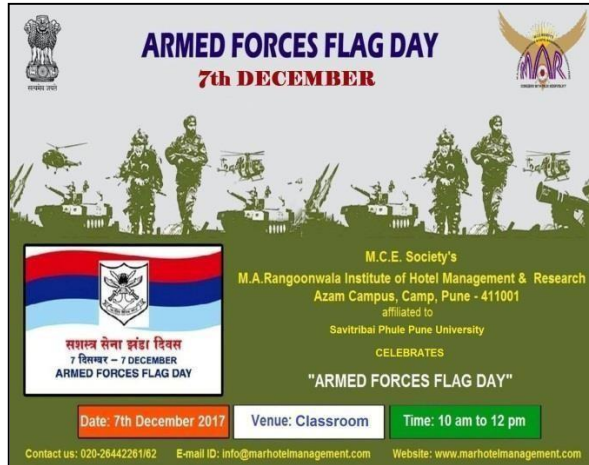
Introductory speech by NSS Leader Nikhil Walimbe



Motivational speech by Principal Prof. Anita Frantz



Poster made by studetns



Banner for the event

*P. Basson*

Asst. Prof. Puneet Basson  
Event Coordinator



*Anita Frantz*

Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### Vachan Prerna Diwas

Date: 14<sup>th</sup> Oct 2017

Vachan Prerna Diwas was celebrated by NSS wing of M.C.E.Society's M. A. Rangoonwala Institute of Hotel Management & Research on the occasion of birth anniversary of our Late Hon'ble President of India, Bharatratna Dr. A. P. J. Abdul Kalam on 14<sup>th</sup> October 2017. Student Nikhil Walimbe informed the gathering about the life of Dr. A. P. J. Abdul Kalam and to take inspiration to do something for the country and society. Asst. Prof. Imran Sayyed gave speech on the importance of reading books and learning from the thoughts and messages of others.



Speech by NSS Leader Nikhil Walimbe



Speech by Asst. Prof. Imran Sayyed



Students listening to Speech of Asst. prof. Imran Sayyed



Students listening to speech of Nikhil Walimbe

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### National Memorial Visit

Date: 22<sup>nd</sup> Aug 2017

The year 2017, marks the completion of 75 years of “Quit India Movement” and 70 years of “Independence”. To celebrate the occasion, NSS wing of M. A. Rangoonwala Institute of Hotel Management and Research organized guided tour for students to ‘Aga Khan Palace’, a memorial of freedom movement in Pune on 22nd Aug'17.



Inside the Aga Khan Palace



Group photo with Mahatma Gandhi's statue



Group photo outside the palace

Asst. Prof. Puneet Basson  
Event Coordinator



Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### **International Women's Day Celebration at MAHER      Date: 08<sup>th</sup> March 2017**

MCE Society's M.A.Rangoonwala Institute of Hotel Management and Research organized visit to MAHER Vatsalydham, an NGO for destitute women at wagholi to celebrate International Women's Day on 08<sup>th</sup> March 2017. Students conducted fun games, cultural activities and performed a skit for the women at Maher. Students served snacks and cake prepared by them especially for 250 women present for the women's day celebration. Students donated food articles like grocery items to the NGO.



Students organizing fun games for women



Students performing skit



Students made and served snacks and cake



Donating the groceries to the NGO

*P. Basson*

Asst. Prof. Puneet Basson  
Event Coordinator



*Anita Frantz*

Prof. Dr. Anita Frantz  
Principal

### **Activities Undertaken at Special Winter Camps**

As per the guidelines of the Savitribai Phule Pune University, college has to adopt a village for 5 years. Starting from 2018, college has adopted Chikhalse village in Mawal taluka of Pune district in Maharashtra located between Kanhe phata and Kamshet phata on Old Mumbai Pune Highway. College is organizing 7 days special winter camp every year from 2018 onwards for the upliftment of people in Chikhalse village.

Following are the list of activities conducted in the NSS camp:

1. Eye check-up camp
2. Hemoglobin Testing camp
3. Physiotherapy camp
4. Cleanliness drive
5. Disaster Management Workshop
6. Lecture on Health & Nutrition
7. Books distribution to school students
8. Career Awareness drive
9. Lecture on Food Safety & Personal Hygiene
10. Lecture on Legal-Aid
11. Anti-superstition Drive



## **ACTIVITY REPORT**

### **NSS Special Winter Camp**

**Date: 08<sup>th</sup> to 14<sup>th</sup> Dec 2018**

The NSS special winter camp of M. A. Rangoonwala Institute of Hotel Management & Research was organized at Chikhalse Village, Tal. Mawal, Pune. The camp was scheduled from Saturday, 08<sup>th</sup> December to Friday, 14<sup>th</sup> December 2018. Inauguration session of the Camp was on 08<sup>th</sup> Dec. 2018 in the hands of Sarpanch of Chikhalse village, Mr. Vijay Kajale. After camp was inaugurated as per the theme of camp 'Jalsandharan and Jalsanrakshan' all the activities were carried out. Day wise report of the camp is given below.



NSS students leaving the campus to camp site

### **DAY - 1**

Saturday, 08<sup>th</sup> December 2018

Name of the college:- M. A. Rangoonwala Institute of Hotel Management & Research

Programme Officer:- Asst. Prof. Puneet Basson

Teacher Incharge:- Dr. Aftab Alam, Prof. Khalid Arshad, Prof. Mansura Mulani & Prof. Nikita Bhosale,

Timing:- 08:00am-12:00 noon

Name of the Activity:- Reached the Location of Camp.

The students and the in charges reached at the location of camp. All the necessary arrangements were done and bed allocated to the students. Students get settled in their respective rooms. Kitchen utensils, equipments and grocery items were properly arranged and placed in the kitchen.

Timing:-03:00pm - 05:00pm

Name of the Activity:- Cleanliness Drive at Sai Seva Dham

The start of the work was taken place from Sai Seva Dham, where students cleaned the premises by collecting and properly disposing the useless things around the Sai Seva Dham premises.

Timing:-06:00pm – 09:00pm

Name of the Activity:- Serving Dinner at Sai Seva Dham

The NSS students helped the Sai Seva Dham staff in serving dinner to devotees. Students cheerfully participated in the event and worked from start to till cleaning all materials and utensils. After Dinner students recited the prayers of all religions in Sai Baba Mandir to celebrate World Peace.







## **DAY - 2**

Sunday, 09<sup>th</sup> December

Timing:- 09:00 am – 04:00 pm

Name of the Activity:- Cleanliness Drive at Sai Sava Dham campus area

The start of the work was taken place from Sai Sava Dham campus area, where students cleaned the premises by collecting and properly disposing the useless things around the Sai Sava Dham.

Entire campus area was cleaned.

Timing:- 05:00 pm- 09:00 pm

Name of the Activity:- Debate competition on social issues

Students of A.K.K. New Law Academy, M. A. Rangoonwala Institute of Hotel Management & Research and Abeda Inamdar Senior College participated in Debate competition on social economic and community development issues. It was to make students aware of recent issues in society and to provide them a chance to give their point of view related to these social issues.

Timing:- 09:00 pm – 011:00 pm

Name of the Activity:-Cultural program at Sai Seva Dham

Students participated in cultural program at Sai Seva Dham. A global peace prayer was conducted by students from students belonging to different faiths.



### **DAY - 3**

Monday, 10<sup>th</sup> December

Timing:- 08:00 am – 06:00 pm

Name of the Activity:- Village Survey at Chikalse Village

Venue:- Chikalse Village

The students carried out a Village Survey at Chikalse Village to find out various issues to be focused during the camp. In this survey students found various socio economic issues need to be addressed in the village.

Timing:- 03:00 pm – 05:00 pm

Name of the Activity:- Debate competition of social issues

Students of A.K.K. New Law Academy, M. A. Rangoonwala Institute of Hotel Management & Research and Abeda Inamdar Senior College participated in Debate competition on social economic and community development issues. It was to make students aware of recent issues in society and to provide them a chance to give their point of view related to these social issues. The program concluded with the recognition of contribution and participation of all the teams by NSS PO's.





#### **DAY – 4**

Tuesday, 11<sup>th</sup> December

Timing:- 08:00 am – 06:00 pm

Name of the Activity:- Botanical Survey around Chikhalse Village

Venue:- Chikhalse Village

#### **BOTANICAL SURVEY OF CHIKHALSE FOREST AREA**

The Department of Botany of Abeda Inamdar Senior College, Azam Campus has been engaged in floristic survey of unexplored and incompletely studied area of Pune district. Same kind of activity for Botanical survey of Chikhalse forest area was conducted on 11<sup>th</sup> Dec. 2018 during N.S.S. residential winter camp. A rapid Botanical survey was conducted at around Chikhalse forest area by Prof. Asif S. Shaikh, Assistant Professor, Department of Botany along with NSS volunteers.

#### **Primary objectives of survey:**

- To undertake taxonomical studies on the flora.
- To identify, collect and preserve specimens of plants, which are economically and otherwise beneficial to human beings.

- To survey the plant resources of the Chikhalse Village.
- To undertake ethnobotanical studies and evaluate plants for economic utility.

Chikhalse forest area is located north west to Pune about 49 kms at an altitude of 500 to 650 meter towards Pune-Mumbai direction. The annual rain fall of this area is 2500 to 3000 mm. Maximum temperature is 30 - 35 °C that of minimum is 10 - 20 °C. Soil texture of this area is Black, Red agricultural to rocky non-agricultural. As being in the bowl of Sahyadri, vegetation is a part of dry deciduous forest of Western Ghats and characterized by high degree of diversity in the floristic composition. The activity of botanical survey was undertaken over an area of 10 kms including two hills surrounding Chikhalse. The vegetation during survey was lush green and herbaceous plants were full flowered for which the survey and herbarium collection was successful.

We could observe many herbs, shrubs and trees of different families such as Tiliaceae, Solanaceae, Asclepiadaceae, Euphorbiaceae, Labiatae, Malvaceae, Meliaceae, Lythraceae, Verbenaceae and other of 17 families. The vegetation was dominated by *Thespesia*, *Tectonagrandis*, *Acaciacatechu*, *Ficus*, *Bombax*, *Butea* and *Vitexnegundo*. The grass land community was dominant on hills near to the forest area.

#### VEGETATION DIVERSITY

The climatic and altitudinal gradient has resulted in a variety of vegetation types. During the study, two different vegetation types were observed – namely wetland vegetation and Tropical Dry Evergreen vegetation. This survey has recorded a total of 194 plant species from all the two vegetation types.

**Table 1 List of some plants observed at the Chikhalse forest area.**

Botanical Name of the plants	Family	Botanical Name of the plants	Family
<i>Malvaparfiflora</i>	Malvaceae	<i>Woodfordiafruticosa</i>	Lythraceae
<i>Thespesiapopulnea</i>	Malvaceae	<i>Vernoniaanthelmintica</i>	Compositae
<i>Abutilon indicum</i>	Malvaceae	<i>Sphaeranthusindicus</i>	Compositae
<i>Sidaspinosa</i>	Malvaceae	<i>Cardiadichotoma</i>	Boraginaceae
<i>Salmeliamalabarica</i>	Malvaceae	<i>Solanumnigrum</i>	Solanaceae
<i>Momosporacordifolia</i>	Menispermaceae	<i>Verbascumcoromandelianum</i>	Scrophulariaceae
<i>Argemonemaxicana</i>	Papaveraceae	<i>Tectonagrandis</i>	Verbenaceae
<i>Grewiatiliaefolia</i>	Tiliaceae	<i>Gmelinaarboria</i>	Verbenaceae



<i>Vitisquadrangularia</i>	Vitaceae	<i>Vitexnegundo</i>	Verbenaceae
<i>Cayratiacarnosa</i>	Vitaceae	<i>Amaranthusspinosa</i>	Amaranthaceae
<i>Rhusmysurensis</i>	Anacardiaceae	<i>Achyranthusaspera</i>	Amaranthaceae
<i>Buteamonosperma</i>	Papilionaceae	<i>Euphorbia tirucalli</i>	Euphorbiaceae
<i>Pongamiapinnata</i>	Papilionaceae	<i>Euphorbia pulchirima</i>	Euphorbiaceae
<i>Cassia fistula</i>	Caesalpiniaceae	<i>Gloriosasuperba</i>	Liliaceae

## BIOPROSPECTION AND HUMAN WELFARE

Economically significant plants grow here include numerous lifesaving drug plants, wild aromatic species, ornamental species, wild genetic resources. Therefore, not just conservation of these bio-resources in the region but also their sustainable utilization for human welfare is the priority agenda. The enormous floristic diversity, enormous habitat variation resulting in vast intra-specific variation, chemo-prospecting in wild aromatic plants, wild food plants, Bioprospection of flora for better genotypes in bio-fuel plants (*Jatropha*, *Caralluma*, *Pongamia*, *Boswellia* and many others. Bioprospection of the flora for metal tolerant genes for environmental bioremediation - in members of Caryophyllaceae, Portulaccaceae and Fabaceae are certain challenging areas.

## BIOPROSPECTION IN MEDICINAL AND AROMATIC PLANTS

Some short listed aromatic species like *Acronychia pedunculata*, *Chloroxylonswietenia*, *Cymbopogonflexuosus*, *Artemisia nilagirica* var. *nilagirica*, *Ocimumgratissimum* and *Clausenadentata* have already shown prospects for their development and popularization in the region. Although the quality and quantity of the required compounds is not satisfactory, the existing diversity can be used to improve and develop these crops. Ethnopharmacological studies are also required for fully understanding their therapeutic value.

## SOME URGENT TASK FOR FUTURE

A study on assessment of the floristic diversity in this area is still incomplete. There is an urgent need to systematically survey and document all the economically important species in the wild for future bioprospection work. Bioprospection of the medicinal and aromatic species involving Taxonomists, Ecologists, Phytochemists is also strongly recommended. As the flora is fast dwindling due to several anthropogenic factors, priority must be attached to the study of all wild flora. As a first step in this direction, it is necessary to establish a chain of conservatories of wild plants, particularly of rare, endangered, endemic and other economically important species.

## CONCLUDING REMARKS

Chikhalse forest is very rich in biological resources, which have not been satisfactorily documented and utilized. Therefore serious efforts are needed to initiate truly collaborative programmes involving taxonomists and biotechnologists for Bioprospection of our resources and product development. Conservation of our biological resources is another challenging task needing the attention of all biological scientists. It is hoped that the flora will be useful to students of botany, professional taxonomists, plant geographers, wild life biologists, foresters and all those interested in learning about the flora conservation and utilization of the plant resources of the state.

### **DAY – 5**

Wednesday, 12<sup>th</sup> December

Timing:- 10:00 am – 12:00 pm

Name of the Activity:- Legal aid

Venue:- Chikhalse Village

The activity was conducted by Law College. There were different judges and lawyers who came to give our students information and to create awareness among them. Information was given on legal rights and duties. Students came to know about the social, economic and political problems of our country and how constitution has empowered them to deal with these issues.



Timing:- 01:00 pm - 02:00 pm



Name of the Activity:- Moral Values

Mrs. Gauri gave a wonderful speech on moral values where she talked about integrity, determination, loyalty, truthfulness, honesty etc., and how these values should be inherited by every individual. She made our students aware of how values are important and how can we distinguish between what's right and wrong, good or bad. It was a very interactive session where the students also shared their views.

Timing:- 03:00 pm – 05:00 pm

Name of the Activity:- Anti-superstition Drive

The department of chemistry of Abeda Inamdar senior college performed different experiments using the chemicals where they showed how by using certain chemicals superstitions are created among the people and the people are made to be scared. They made the people aware by showing science behind all this. It was a great interactive session and people enjoyed a lot by the jokes cracked by respected chemistry department.





### **DAY – 6**

Thursday, 13<sup>th</sup> December

Timing:- 09:00 am – 10:00 am

Name of the Activity:- Shramdaan for Zilla Parishad Shala

Venue:- Chikhalse Village

The students of our college worked very hard and did 'Shramdaan' by uplifting the cement, sand and bricks from ground floor to first floor of Zilla Prathmik Shala of Chikhalse village. The work which was planned to be completed in 3 days, with the help of students got completed in 1 day time. The students stood in a line and were passing by the trays so the work was done very systematically and efficiently.







Timing:- 11:00 am- 01:00 pm

Name of the Activity:- Blood Group Detection

Students of microbiology department of our college carried out the activity for the school students where they detected the blood samples of the students and gave them information about what is blood group and found out the blood group of the students.







Timing:- 02:00 pm – 03:00 pm

Name of the Activity:- Workshop on Disaster Management by NDMA (National Disaster Management Authority)

The agency gave the school students' knowledge about what all is disaster, how they occur, what precautions can be taken. Students were given information on the basics of disaster, the major classification i.e., natural and man-made and what precautions can be taken in times of such situation without being panic.





Timing:- 03:00 pm –05:00 pm

Name of the Activity:- Personal hygiene and Food safety Awareness Drive

A lecture was delivered on personal hygiene & food safety for the school students. They were told about how cleanliness should be maintained at any time for our body. Where washing hands, brushing, clean clothing was told and explained to the children. How being clean can prevent from getting diseases and infections were also explained. Basic ideas of washing hands before food, freshen up after coming from outside was told. Food safety was also taught to the school children with details about how to keep the food safe and clean.



### **DAY – 7**

Friday, 14<sup>th</sup> December

Timing:- 09:00 am – 02:00 pm

Name of the Activity:- Cleanliness Drive

Venue:- Chikalse Village

The students carried out a cleanliness drive where they swept the roads and carried out a rally making the people aware of how it is important to keep their place clean and how solid waste management is important. Students were divided into groups and given different areas for cleaning. The waste was collected by the students in one particular place and been dumped at the main dumping area.

Timing:- 03:00 pm – 05:00 pm

Name of the Activity:- Valedictory Function

Venue:- Chikalse Village

The function was in Chikalse Village. Our Principal promised on working for the betterment and the development of the village with the NSS unit and how in the coming years the committee



will take more initiatives to help the people of the village so that they can improve their standard of living. The students were also given certificates for their best performances.



Asst. Prof. Puneet Basson  
Event Coordinator



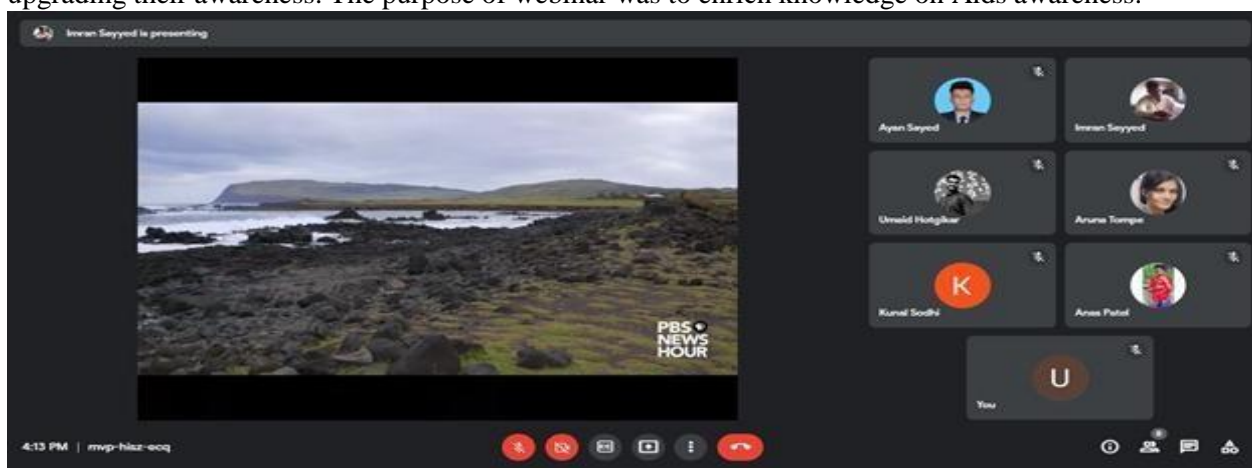
Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

### “Aids Awareness Program “

Date: 1/12/2021

Awareness Programme on Prevention of HIV/AIDS was organized by M. A. Rangoonwala Institute of Hotel Management and Research Pune on 1st December 2021. This event was organized by the members of National Service Scheme unit of the college. The Commemoration of the World AIDS Day is important because it reminds the public and government that HIV has not gone away – there is still a vital need to raise funds for AIDS prevention and treatment, increase awareness, fight prejudice and improve education. The college presented public awareness about HIV/AIDS. Films will also be screen with social and educational messages relating to Aid Awareness .The students have exhibited enthusiasm in learning and upgrading their awareness. The purpose of webinar was to enrich knowledge on Aids awareness.



Aids awareness film



Total Attendance of students

Asso. Prof. Imran Sayyed  
NSS Program Officer

Prof. Dr. Anita Frantz  
Principal



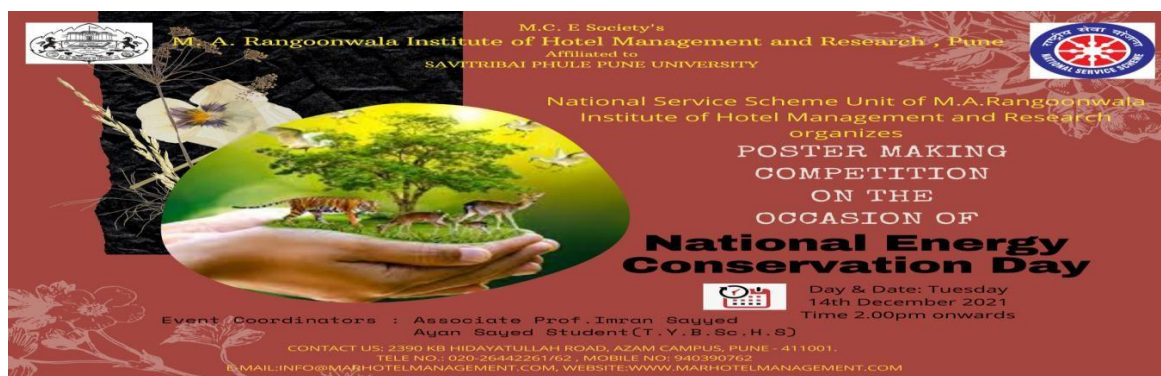
## ACTIVITY REPORT

### Activity

#### “Poster Making Competition “(National Energy Conservation Day)

**Date: 14<sup>th</sup> December 2021**

M. A. Rangoonwala Institute of Hotel Management and Research Pune organized “Poster Making Competition “(National Energy Conservation Day) The Day is being celebrated every year on December 14th since 1991. The objective is to drive mass awareness about the importance of energy efficiency and conservation. This event was organized by the members of National Service Scheme unit of the college. It focuses on creating awareness in people regarding the importance of energy conservation and ways to achieve it in order to deal with the crisis of climate change and global warming. On this National Energy Conservation Day, let's all pledge to use energy judiciously in everyday life, ensure zero wastage and spread awareness about the importance of energy conservation for a healthy environment and sustainable future, The winner of the competition were



Poster of the Competition



Asso. Prof. Imran Sayyed  
NSS Program Officer

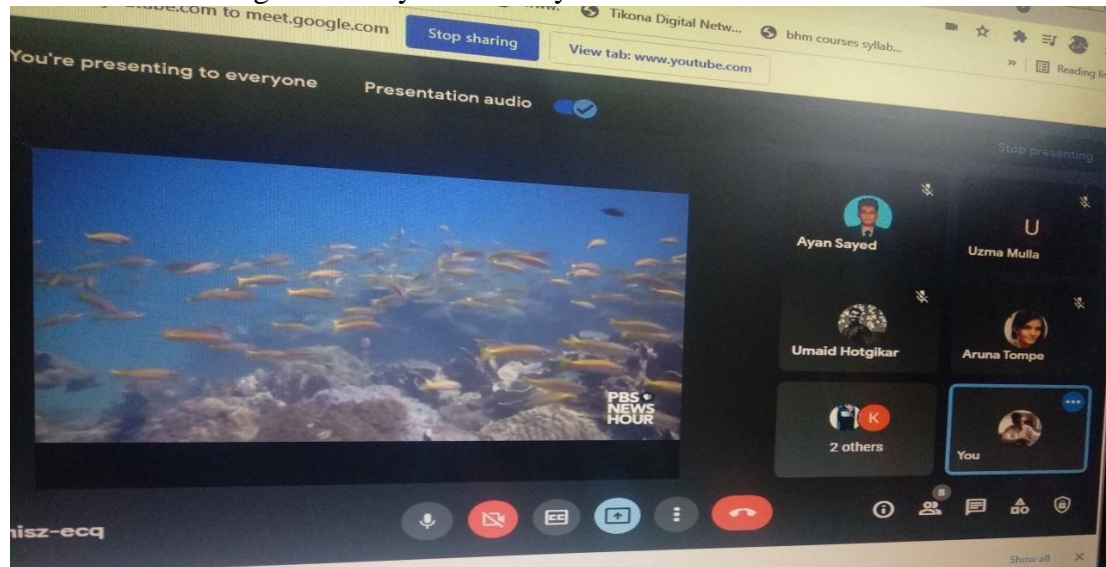
Prof. Dr. Anita Frantz  
Principal

## ACTIVITY REPORT

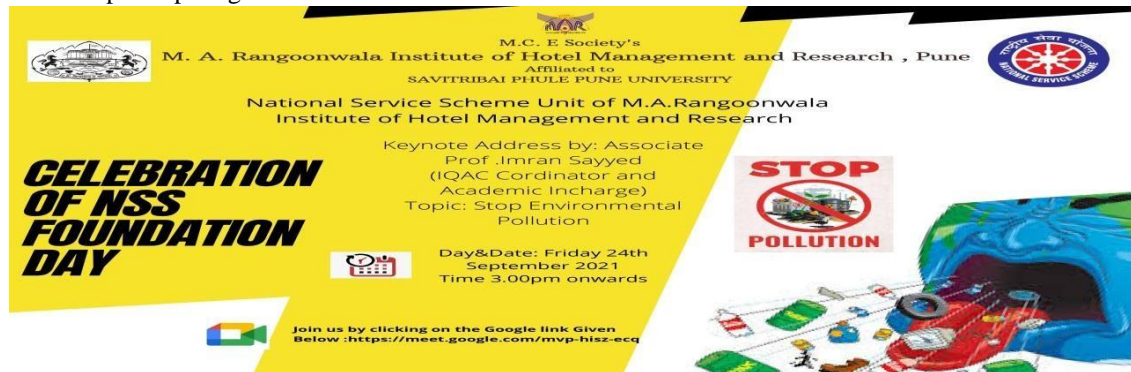
NSS Foundation Day Celebration

Date: 24th September 2021

M. A. Rangoonwala Institute of Hotel Management and Research Celebrated the National Service Scheme (NSS) Foundation Day with enthusiasm and zeal. The NSS Wing organized a special lecture on the topic "Stop Environment Pollution" for NSS volunteers and students. Associate Professor Imran Sayyed, IQAC Coordinator of the college delivered the special lecture. He also talked about the importance of voluntary services to address the issues faced by the society in the contemporary times. While discussing the priority areas of intervention and the role of youth, the speaker highlighted the importance of student led movements like Swachh Bharat Abhiyan to address the challenges faced by our country.



Students participating in online webinar



Asso. Prof. Imran Sayyed  
NSS Program Officer

Prof. Dr. Anita Frantz  
Principal



## ACTIVITY REPORT

### 'Activity Report

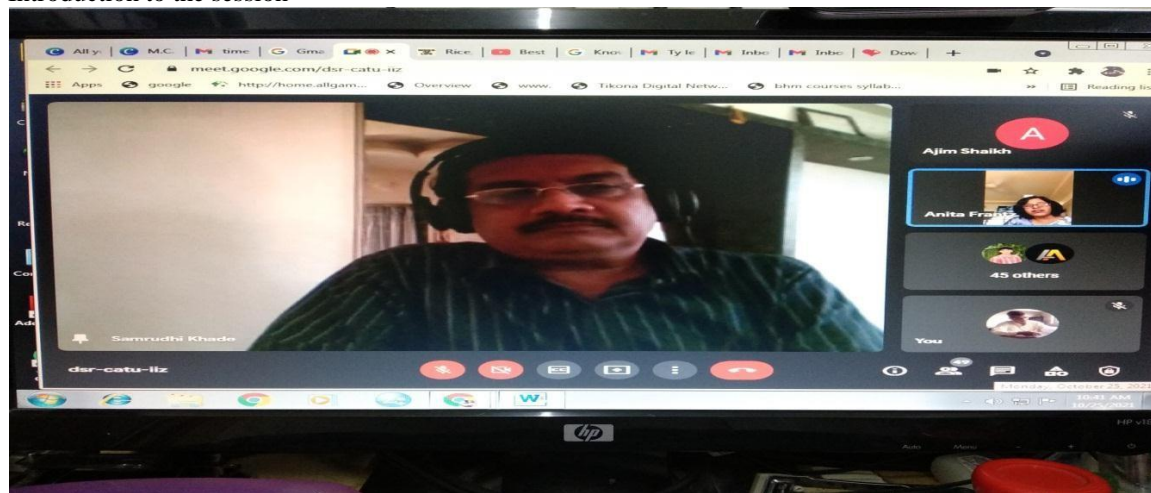
Guest Lecture "Modern and innovative water conservation techniques"  
25<sup>th</sup> October 2021

Date:

The National Service Scheme (NSS) unit of M. A. Rangoonwala Institute of Hotel Management and Research organized guest lecture on "Modern and innovative water conservation techniques" for NSS volunteers and students. Mr Satish Khade the District Director W.A.S.H , delivered the lecture .He explained the importance of water, various methods of conservation to save water bodies. He explained about the value of the water, the problems which are going to be faced by the future generations, if we continue the wastage of natural resources. Mr Satish Khade emphasized the significance of water, especially potable water and its scientific management because of its limited supply and ever increasing demand due to growth in population in the country.



Introduction to the session



Session in progress

Asso. Prof. Imran Sayyed  
NSS Program Officer

Prof. Dr. Anita Frantz  
Principal



## Activity Report

### “Personality Development “

Date: 7<sup>th</sup> March 2022

The NSS unit of M.A.Rangoonwala Institute of hotel management and research Pune organized a guest lecture on “Personality Development “On 7<sup>th</sup> March, 2022, The lecture was conducted by Dr. Bobby Jacob Faculty Member at Allana College of Architecture . The session dealt with various requirements in ones personality from the way we present ourselves, to the English we speak, and to give a confidence presentation. The session will helped the students to give better interviews for their training and placements. It was great learning experience for both students and faculty members and they thoroughly enjoyed the session. Speaker involved the students in various games making the se



Dr Bobby Jacob with Prof.Dr Anita Frantz



Session in Progress



Group Phot Of Students and Guest Speaker



Session in Progress

**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**



## Activity Report

**‘My Vote is my Future- Power of One Vote’**

**Date: 1st March 2022**

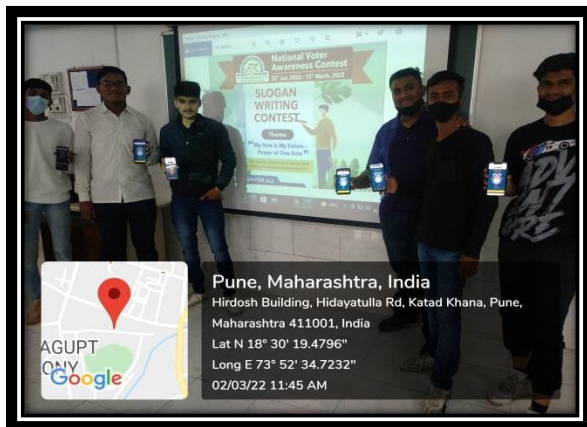
On the occasion of 12th National Voters' Day, Election Commission of India launched a National Voter Awareness contest- 'My Vote is my Future- Power of One Vote' to reiterate the importance of every vote through creative expression. The National Voter Awareness Contest by the Election Commission of India's SVEEP (Systematic Voters' Education and Electoral Participation) program taps into the talent and creativity of people, while also strengthening democracy through their active involvement. The NSS unit of M.A.Rangoonwala Institute of hotel management and research Pune participated in online Quiz Competition to engage with inquisitive minds to gauge the awareness level of participants regarding the electoral process in the country.



Group Photo of Quiz session



Session in Progress



Students with the online results



Poster of Quiz Competition

**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**

## ACTIVITY REPORT

### Tree Plantation

Date: 19<sup>th</sup> March 2022

M.C.E. Society's M.A.Rangoonwala Institute of Hotel Management and Research organized Tree plantation campaign in Azam Campus Guest House .the aim was to make students understand how tree plantation and the purpose of tree plantation will save the endangered environment and to beautify our life. These are valuable gifts of nature. They are known as the best friends of human beings. They benefit us in various ways. The lives of men and other animals and insects are inconceivable without the existence of trees in the world.



**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**



## ACTIVITY REPORT

### Tree Plantation

Date: 19<sup>th</sup> March 2022

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**Event Coordinator:**  
Associate Prof Mr. Imran Sayyed

**Principal**  
Prof. Dr. Anita Frantz

# Activity Report

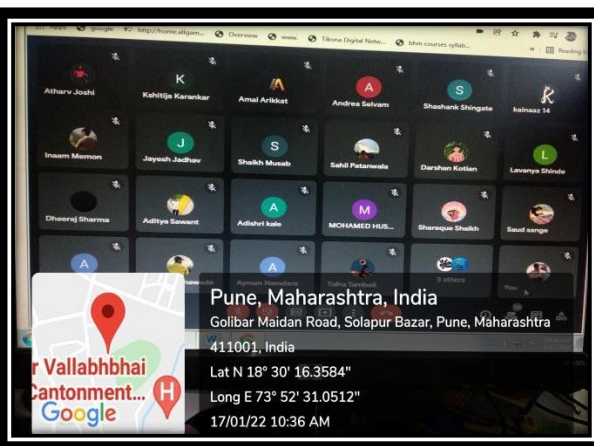
## Guest Lecture “Systematic Voters’ Education and Electoral Participation program”

Date: 17<sup>th</sup> January 2022

The National Service Scheme (NSS) unit of M. A. Rangoonwala Institute of Hotel Management and Research organized guest lecture on “Systematic Voters’ Education and Electoral Participation program” for NSS volunteers and students. The NSS Officer, Associate Prof. Imran Sayyed, delivered the lecture. He the flagship program of the Election Commission of India for voter education, spreading voter awareness and promoting voter literacy in India. He also briefed on building a stronger democracy through greater synergy with Civil Society Organisations and participative democracy in India by encouraging all eligible citizens to vote and make an informed decision during the elections.



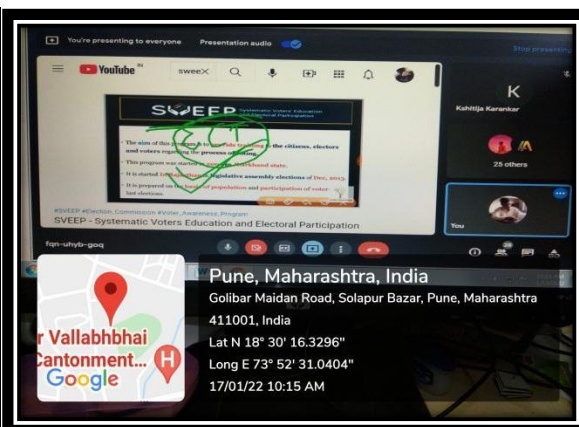
Poster of Youth Festival 2022



Students during session



SVEEP website by Election commission



Video Presentation on SVEEP

**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**



## Activity Report

Pledge “National Voters Day”

Date: 25th January 2022



Staff of M. A. Rangoonwala Institute of Hotel Management and Research taking Pledge on national Voters Day

The National Service Scheme (NSS) unit of M. A. Rangoonwala Institute of Hotel Management and Research and the staff took pledge as per an advisory issued to the government of Maharashtra and , the Election Commission of India to take the National Voters' Day pledge on January 25, 2022 at 11:00 am to promote democratic electoral participation. The college celebrated the National Voters Day to register the newly eligible youth (18+) in the electoral roll and also to promote electoral participation. The theme for this year's National Voters Day celebrations is "Making elections inclusive, accessible and participative."

**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**

## Activity Report

**“Swatch Wari Swasth Wari “**

**Date: 24<sup>th</sup> June 2022**

The teaching, non-teaching staff and NSS students volunteers participated in the “Swachh Wari - Swasth Wari- Nirmal Wari- Harit Wari” program in which fruits were distributed to the Warkaris during the Sant Tukaram Maharaj Palkhi procession at Pulgate Bus stop on 24th June 2022 at 7:30 am. The program was organized by the Alumni Association of M.C.E. Society’s M. A. Rangoonwala Institute of Hotel Management & Research, Pune.



Students Distributing fruits



Warkaris in Sant Tukaram Maharaj Palkhi



Warkaris In the Palkhi



Distribution of Fruits

**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**



## Activity

### “The Indian Constitution

Date: 13<sup>th</sup> April 2022

The NSS unit of M. A. Rangoonwala Institute of Hotel Management and Research Pune organized a Guest Lecture on Indian Constitution. The guest lecture was addressed by Mrs. Jacinta Bascin , Associate Professor at AKI New Law College , at 2:30 p.m. for the students of B.Sc(HS) .The session addressed on the human right with special reference to the tribal rights under Indian Constitution. The session highlighted the various constitutional provisions safeguarding the rights of the tribal people under educational & cultural, social, economic, political & service safeguards along with the provisions under Art 341, Art 342 and the 5th Schedule under the Indian Constitution. Asso. Prof Imran Sayyed the PO of the College was the coordinator of the event.



Session by Jacinta Madam

Group Photo of the session

**Event Coordinator:**

**Associate Prof. Imran Sayyed**

**Principal**

**Prof. Dr. Anita Frantz**

## Activity Report

### PHPL 4.0 Inter Hotel Cricket Tournament

Date: 4<sup>th</sup> April 2022

On the occasion of 4<sup>th</sup> PHAPL 4.0 Inter Hotel Cricket Tournament The NSS unit of M.A.Rangoonwala Institute of Hotel Management and Research Pune volunteered for the services required for conduct of the cricket tournament . It was a wonderful moment full of enthusiasm excitement vigor zest and zeal with 24 participating teams of Hotels and Hotel Management colleges.



Man of the series Prize for IHM team Player



Winning team captain of Sayaji Hotels

**Event Coordinator:**  
Associate Prof Mr. Imran Sayyed

**Principal**  
Prof. Dr. Anita Frantz

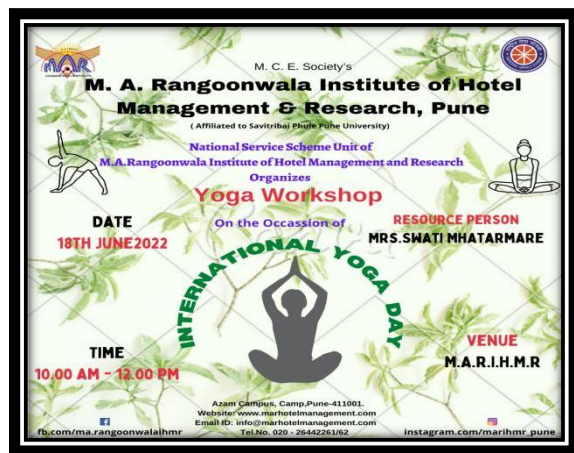


## Activity Report

“International Yoga Day “

Date: 18<sup>th</sup> June 2022

The NSS unit of M.A.Rangoonwala Institute of hotel management and research Pune organized Workshop on International Yoga Day for the Students and Staff . Mrs. Swati Mahatarmare the certified Yoga Instructor demonstrated various asanas followed by. Warm up exercises were taken and all the students performed sitting and standing asanas, importance of these were explained simultaneously. The celebration concluded with speech by our Principal Prof. Dr. Anita Frantz she encouraged students to practice regular yoga to remain fit and improve concentration. The event Coordinator was NSS Program Officer Asso.Prof Imran Sayyed.



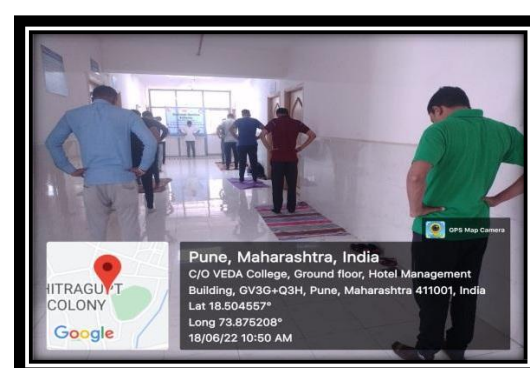
Poster of Event



Felicitatation Of Mrs. Swati Matharmare



Session in Progress



Session in Progress for Staff And Students

**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**

## Activity Report

### “International Yoga Day”

Date: 21<sup>st</sup> June 2022

The NSS unit of M.A.Rangoonwala Institute of Hotel Management and Research Pune Participated in International Yoga Day organized by the Sports department of Savitribai Phule Pune University at Kasabha Jadhav Sports Indoor Hall . The celebrations of the 8th International Yoga Day at Savitribai Phule Pune University were graced by the presence of Dr.Sanjeev A. Sonawane Pro-Vice Chancellor , Dr. Prafulla A. Pawar Registrar, and Dr. Prabhakar Desai Director National Service Scheme (NSS) . Dr.Sanjeev A. Sonawane welcomed the participants to the event and put light on how Yoga plays such an important role in our day to day lifestyle. The yoga expert taught some important physical, mental, and spiritual practices to the participants which would help the participants in improving their health by increasing blood flow and boosting immunity. The event concluded with a refreshment to the Participants.



Dr.Sanjeev A. Sonawane Pro-Vice Chancellor , Dr. Prafulla A. Pawar Registrar

Group Photo of Students



Students during Session



Group Photos

**Event Coordinator:**  
**Associate Prof Mr. Imran Sayyed**

**Principal**  
**Prof. Dr. Anita Frantz**